

YAKIA SAUNAS

The Outdoor Sauna Company



www.yakia-saunas.co.uk

Welcome to Yakia Saunas

The Outdoor Sauna Company.

Yakia Saunas are built around a love of the outdoors, traditional craftsmanship, and modern wellness. Each Yakia Sauna is designed to elevate your garden space and create a private retreat for the ultimate in relaxation.

“Whether you’re winding down after a long day or starting your morning with intention, a Yakia Sauna gives you the space to reconnect – with yourself, your health, and the world around you.

We’re proud to offer not just a product, but an experience that’s timeless, natural, and made to last.”

Richard Hart - M.D.



Wellness: We design with your health and well-being in mind. Every sauna supports daily rituals of relaxation and recovery.



Craftsmanship: Built using thermally treated wood for durability, beauty and a truly authentic sauna experience.



Built for the Outdoors: Designed specifically for the UK climate. Weather-resistant, insulated, and built to perform all year round.



Designed for Modern Living: Stylish, compact and easy to install in any garden or outdoor setting.





Why Choose Yakia Saunas?

Thoughtfully designed. Expertly crafted. Made for the outdoors.

When you invest in a Yakia Sauna you're not just buying a product – you're choosing quality, well-being, and timeless design. Here's what makes Yakia stand out:

Crafted with Care

Yakia Saunas are built using premium, thermally treated timber chosen for its durability, insulation, and natural beauty. Yakia's unique design isn't just stylish it helps promote even heat distribution and efficient airflow, giving you a superior sauna experience every time.

Made for the British Climate

Yakia Saunas are built with moisture-resistant materials and engineered to handle the full range of British weather, rain, wind, and snow and everything in between.

Promotes Daily Wellness

Regular sauna use is proven to reduce stress, boost circulation, support muscle recovery and promote deeper sleep. Yakia helps you build these wellness rituals into your lifestyle, right at home.

Natural Aesthetics That Fit Anywhere

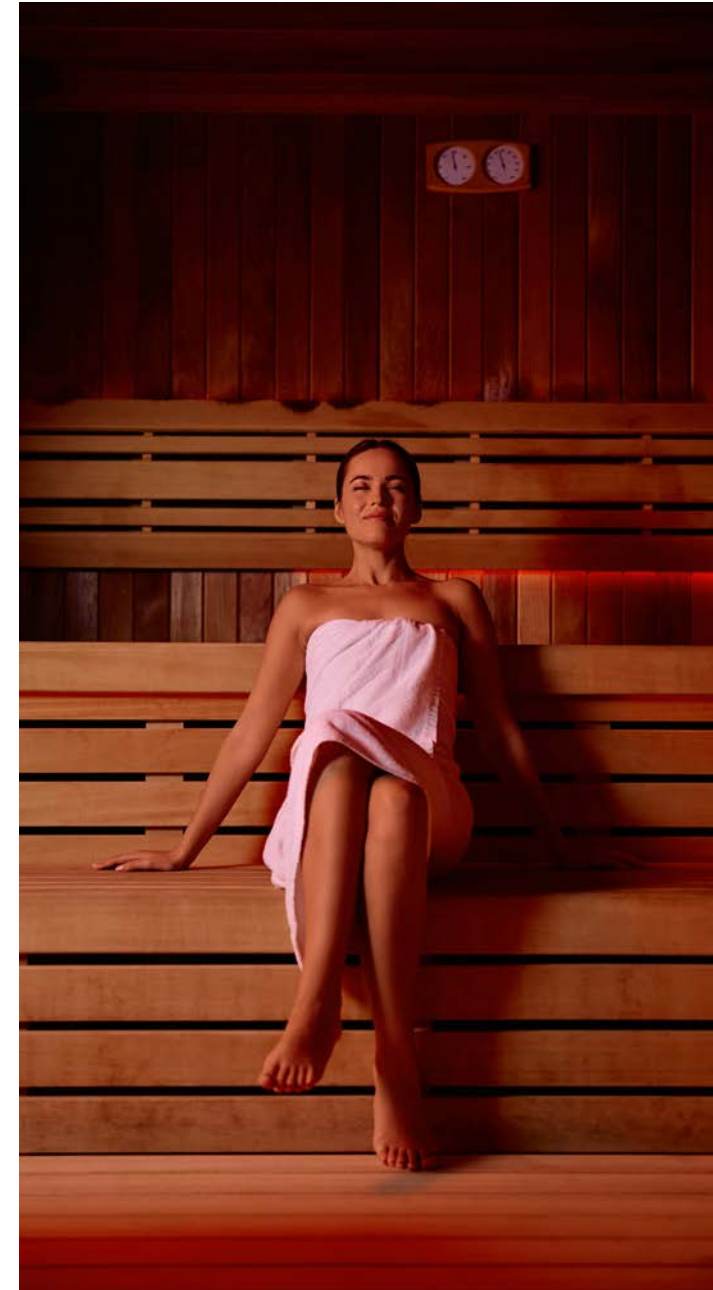
Whether your garden is modern, rustic, or minimalist, the clean lines and warm wood tones of Yakia Saunas blend beautifully into any outdoor setting.

Quick to Install. Simple to Enjoy

Your local Yakia dealer will take care of the installation making it a stress free process. Within hours you'll have a fully functioning retreat just steps from your back door.

Heating

Every Yakia Sauna comes with a stylish Harvia™ heater. Its user-friendly built-in controls means you can have the perfect temperature every time.



Our Sauna Collection

Two models. Endless possibilities for wellness.

At Yakia, we’ve created two beautifully crafted saunas designed to suit a variety of outdoor spaces. Whether you’re seeking a quiet space to unwind or a larger retreat for friends and family, we have the perfect sauna for you.

Yakia S – Compact Luxury

Our smaller model, the Yakia S, is perfect for urban gardens, couples, or those looking for a more intimate wellness experience. Its compact footprint makes it easy to place, without compromising on comfort or performance.

Yakia L – Spacious Wellness

The Yakia L is our larger model, ideal for families, entertaining, or simply stretching out in total relaxation. With plenty of room for up to 4 people, it’s a true outdoor centrepiece and a luxurious addition to any lifestyle.

At a Glance: Model Comparison

Model	Interior Volume	Capacity	Ideal For	Heater Type
Yakia S	4.1m³	2 people	Small gardens, couples	6kW Electric
Yakia L	6.3m³	4 people	Families, entertaining	9kW Electric

Whatever your outdoor space, there’s a Yakia Sauna to match. Explore the next pages to discover the features and benefits of each model in detail.

Yakia Saunas reserves the right to change specification without prior notice.





Yakia S - Compact Luxury

Small in size. Big on experience.



Yakia S - Compact Luxury

Designed for those with limited space but limitless expectations, the Yakia S delivers the full luxury sauna experience in a beautifully compact form.

- **Seats 2 People Comfortably** - ideal for individuals and couples
- **Thermally Treated Timber** - built to withstand the UK climate
- **Compact Design** - fits into the tightest of garden spaces
- **Double-glazed Door** - retains heat while offering a stylish external view





Standard Features:

- Harvia 6kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 40mm Thermowood Walls
- 28mm Thermowood Floor
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood



“The Yakia S was exactly what we needed - it fits perfectly on our patio and has become our new favourite way to unwind.” - Oliver Mamo, Cambridge

Dimensions:

- **External (WDH):** 150 x 202 x 216cm
- **Internal (WDH):** 141 x 150 x 193cm
- **Internal Volume:** 4.1m³

Harvia 6kW Electric Wall-mounted Heater

The Harvia 6kW wall-mounted heater blends powerful performance with Nordic design, delivering fast, consistent heat. Its compact stainless steel build is stylish, durable and low-maintenance, while integrated safety features and thermostatic controls ensure peace of mind.

- Popular wall-mounted heater
- Built-in controls with timer
- 20kg sauna stones included



Yakia L - Spacious Wellness

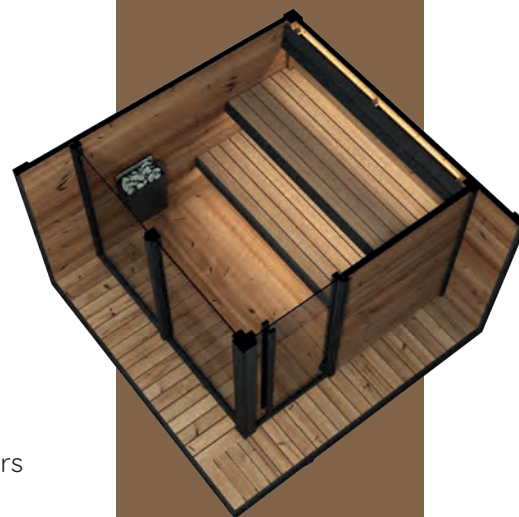
More space. More comfort. More to enjoy.



Yakia L - Spacious Wellness

The Yakia L is our largest model, designed for those who want to bring people together or simply enjoy more room to stretch out and relax. Whether it's a weekend with friends or a peaceful solo retreat, the Yakia L offers a deeper, more luxurious wellness experience — all from the comfort of your own garden.

- **Seats 4 People Comfortably** - ideal for families
- **Thermally Treated Timber** - built to withstand the UK climate
- **Panoramic Glazing** - creates a seamless connection between indoors & outdoors





Standard Features:

- Harvia 9kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 40mm Thermowood Walls
- 30mm Kingspan Insulated Roof Panels
- 28mm Thermowood Floor
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood



“We wanted something that would bring the whole family together - the Yakia L has done that and more. It’s beautiful, warm and part of our routine now.” - Pat Brown, Surrey

Dimensions:

- **External (WDH):** 229 x 229 x 235cm
- **Internal (WDH):** 177 x 177 x 201cm
- **Internal Volume:** 6.3m³

Harvia 9kW Electric Wall-mounted Heater

The 9kW wall-mounted heater blends powerful performance with Nordic design, delivering fast, consistent heat. Its compact stainless steel build is stylish, durable and low-maintenance, while integrated safety features and thermostatic controls ensure peace of mind.

- Popular wall-mounted heater
- Built-in controls with timer
- 20kg sauna stones included



Heating Your Yakia Sauna

Powerful. Reliable. Made to Perform.

A sauna is only as good as the heat it provides, which is why every Yakia Sauna comes equipped with a premium Harvia electric wall-mounted heater, renowned worldwide for its performance, reliability, and efficiency.

Harvia has been crafting high-quality sauna heaters in Finland for over 70 years, blending traditional expertise with modern technology to deliver an exceptional sauna experience.

The Right Heater for Every Model

Yakia S: Harvia 6kW Electric Wall-mounted Heater

Compact yet powerful, the 6kW Harvia heater is perfectly matched to the size of the Yakia S, providing fast heat-up times and even warmth throughout the cabin. Ideal for smaller spaces, it ensures you enjoy an authentic sauna experience, every time.

Yakia L: Harvia 9kW Electric Wall-mounted Heater

Larger in size, the Yakia L comes with the upgraded 9kW Harvia heater, delivering impressive heat output to comfortably warm the spacious interior. Even with more room to relax, the Yakia L reaches optimum temperature quickly and efficiently.

Please note: Harvia Electric heaters require a dedicated power supply. To ensure safe and compliant commissioning, a qualified electrician will need to carry out minor installation work. Please get in-touch for more details.



“The Harvia heater is fantastic, quick to heat, simple to use, and gives that authentic sauna warmth. We couldn’t be happier!” - Oliva White, Essex

Complete Your Experience

Pair your sauna with our Optional Yakia Accessory Kit, including:

- Wooden bucket & liner
- Matching ladle
- Thermometer
- 15-minute sand timer
- Set of 5 natural fragrances

Everything you need to enjoy a complete, traditional sauna experience.







The Benefits of Sauna Wellness

Relax. Recover. Reconnect.

A Yakia Sauna isn't just about heat, it's about creating space for yourself. A space to slow down, switch off and invest in your wellbeing. For centuries, saunas have been used to promote health and happiness and now, you can enjoy those same benefits at home.

Health & Wellness Benefits of Regular Sauna Use

Reduces Stress & Promotes Relaxation

The warmth of the sauna helps calm the body and mind, easing tension and supporting mental clarity.

Improves Circulation

The heat increases blood flow, which can boost cardiovascular health, reduce muscle soreness and support recovery after exercise.

Supports Detoxification

Sweating in the sauna helps to flush out toxins and impurities from the body, promoting overall health.

Boosts the Immune System

Regular sauna sessions have been shown to enhance immune function, helping your body defend itself naturally.

Enhances Skin Health

The increased circulation and deep cleansing effect can leave skin looking fresher and more radiant.

Encourages Better Sleep

The relaxing effects of a sauna session can help you unwind before bed, supporting deeper, more restful sleep.

More Than Just a Sauna, it's a Lifestyle

Whether you're starting your day with intention or unwinding in the evening, your Yakia Sauna becomes part of your wellness routine. It's your own personal retreat, just steps from your back door.

"I never realised how much I needed a sauna until I had one. It's become my escape, my reset button, and my daily act of self-care" - Paul Smith, Essex



Ready to Experience Yakia?

Your perfect sauna is just a few steps away.

Find your nearest showroom

Before choosing your Yakia Sauna we recommend visiting one of our trusted dealers. With showrooms throughout the UK we believe in providing a personal, face to face buying experience.

Knowledgeable staff will guide you through the options and help you find the perfect Yakia Sauna for your outdoor space.

Professional Installation Services

Once you've chosen your Yakia Sauna, your local dealer will work closely with you to ensure a seamless and smooth installation process from start to finish.

Yakia Saunas are supplied in kit form, which allows for easy access into your property and to the designated area for the build.

For your peace of mind and to ensure the highest quality, we recommend that Yakia Saunas are installed by your local authorised dealer.



Find your nearest showroom

See the quality of Yakia Saunas in person, scan the QR code to find your nearest showroom.



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